## ab207207

## Glucocorticoid

 Receptor
## Transcription Factor <br> Assay Kit (Colorimetric)

Instructions for use:

For quantitative measurement of GR activation in human, mouse and rat nuclear extracts.

This product is for research use only and is not intended for diagnostic use.
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## INTRODUCTION

## 1. BACKGROUND

Glucocorticoid Receptor Transcription Factor Assay Kit (Colorimetric) (ab207207) is a high throughput assay to quantify Glucocorticoid Receptor (GR) activation. This assay combines a quick ELISA format with a sensitive and specific non-radioactive assay for transcription factor activation.

A specific double stranded DNA sequence containing the Glucocorticoid Receptor consensus binding site ( $5^{\prime}$ - GGTACAnnnTGTTCT - 3') has been immobilized onto a 96 -well plate. Active Glucocorticoid Receptor present in the nuclear extract specifically binds to the oligonucleotide. Glucocorticoid Receptor is detected by a primary antibody that recognizes an epitope of Glucocorticoid Receptor accessible only when the protein is activated and bound to its target DNA. An HRP-conjugated secondary antibody provides sensitive colorimetric readout at OD 450 nm . This product detects human, mouse and rat Glucocorticoid Receptor.

Key performance and benefits:

- Assay time: 3.5 hours (cell extracts preparation not included).
- Detection limit: < $0.6 \mu \mathrm{~g}$ nuclear extract/well.
- Detection range: 0.6 - $10 \mu \mathrm{~g}$ nuclear extract/well.

Glucocorticoids can affect a large number of metabolic, cardiovascular, immune, inflammatory and behavioral functions. At the cellular level, glucocorticoid effects are mediated by the Glucocorticoid Receptor (GR). GR belongs to the superfamily of nuclear hormone receptors that includes receptors for estrogens, progestins, vitamin $D$ and thyroid hormone.

The nuclear hormone receptors share a characteristic three-domain structure. The N-terminal activates target genes and interacts with transcription machinery. Two highly conserved zinc fingers constitute the DNA-binding domain and also participate in dimerization, nuclear translocation and transactivation. The C-terminal contains the ligandbinding domain, and includes sequences important for heat shock protein binding, nuclear translocation, dimerization and transactivation.

## INTRODUCTION

Glucocorticoids, when present, are able to cross the cell membrane and interact with GR. Bound GR suffers a conformational change that results in dissociation from the hsp complex, hyper-phosphorylation of GR and unmasking of nuclear localization signals. When in the nucleus, the activated GR can act in two ways: directly with specific DNA sequences or indirectly with other transcription factors. GR mutations can result in glucocorticoid resistance or hypersensitivity, and can cause severe disturbances in mood, pathologic alterations of metabolism and, correspondingly, hypotension or hypertension and excessive or suppressed inflammatory/immune responses.

## INTRODUCTION

## 2. ASSAY SUMMARY

Single Stranded DNA oligonucleotide


## Sample



## Primary Antibody



## HRP-Conjugated Antibody



## GENERAL INFORMATION

## 3. PRECAUTIONS

Please read these instructions carefully prior to beginning the assay.

- All kit components have been formulated and quality control tested to function successfully as a kit.
- We understand that, occasionally, experimental protocols might need to be modified to meet unique experimental circumstances. However, we cannot guarantee the performance of the product outside the conditions detailed in this protocol booklet.
- Reagents should be treated as possible mutagens and should be handled with care and disposed of properly. Please review the Safety Datasheet (SDS) provided with the product for information on the specific components.
- Observe good laboratory practices. Gloves, lab coat, and protective eyewear should always be worn. Never pipet by mouth. Do not eat, drink or smoke in the laboratory areas.
- All biological materials should be treated as potentially hazardous and handled as such. They should be disposed of in accordance with established safety procedures.


## 4. STORAGE AND STABILITY

Store kit at $-20^{\circ} \mathrm{C}$ (nuclear extract must be kept at $-80^{\circ} \mathrm{C}$ ) in the dark immediately upon receipt. Kit has a storage time of 1 year from receipt. After first use, components are stable for 6 months.
Refer to list of materials supplied for storage conditions of individual components. Observe the storage conditions for individual prepared components in the Materials Supplied section.
Aliquot components in working volumes before storing at the recommended temperature.

## GENERAL INFORMATION

## 5. LIMITATIONS

- Assay kit intended for research use only. Not for use in diagnostic procedures.
- Do not mix or substitute reagents or materials from other kit lots or vendors. Kits are QC tested as a set of components and performance cannot be guaranteed if utilized separately or substituted.


## 6. MATERIALS SUPPLIED

| Item | Amount |  | Storage Condition (Before Preparation) | Storage Condition (After Preparation) |
| :---: | :---: | :---: | :---: | :---: |
|  | 1 Plate | 5 Plates |  |  |
| GR antibody | $11 \mu \mathrm{~L}$ | $55 \mu \mathrm{~L}$ | $-20^{\circ} \mathrm{C}$ | $4^{\circ} \mathrm{C}$ |
| Anti-rabbit HRPconjugated IgG ( $0.25 \mu \mathrm{~g} / \mu \mathrm{L}$ ) | $11 \mu \mathrm{~L}$ | $55 \mu \mathrm{~L}$ | $-20^{\circ} \mathrm{C}$ | $4^{\circ} \mathrm{C}$ |
| Wild-type oligonucleotide ( $20 \mathrm{pmol} / \mu \mathrm{L}$ ) | $100 \mu \mathrm{~L}$ | $500 \mu \mathrm{~L}$ | $-20^{\circ} \mathrm{C}$ | $-20^{\circ} \mathrm{C}$ |
| Mutated oligonucleotide ( $20 \mathrm{pmol} / \mu \mathrm{L}$ ) | $100 \mu \mathrm{~L}$ | $500 \mu \mathrm{~L}$ | $-20^{\circ} \mathrm{C}$ | $-20^{\circ} \mathrm{C}$ |
| HeLa nuclear extract $(2.5 \mu \mathrm{~g} / \mu \mathrm{L})$ | $40 \mu \mathrm{~L}$ | $200 \mu \mathrm{~L}$ | $-80^{\circ} \mathrm{C}$ | $-80^{\circ} \mathrm{C}$ |
| $\begin{aligned} & \text { Dithiothreitol (DTT) } \\ & (1 \mathrm{M}) \end{aligned}$ | $100 \mu \mathrm{~L}$ | $500 \mu \mathrm{~L}$ | $-20^{\circ} \mathrm{C}$ | $-20^{\circ} \mathrm{C}$ |
| Protease Inhibitor Cocktail | $100 \mu \mathrm{~L}$ | $500 \mu \mathrm{~L}$ | $-20^{\circ} \mathrm{C}$ | $-20^{\circ} \mathrm{C}$ |
| Herring sperm DNA ( $1 \mu \mathrm{~g} / \mu \mathrm{L}$ ) | $100 \mu \mathrm{~L}$ | $500 \mu \mathrm{~L}$ | $-20^{\circ} \mathrm{C}$ | $-20^{\circ} \mathrm{C}$ |
| Lysis Buffer | 10 mL | 50 mL | $-20^{\circ} \mathrm{C}$ | $4^{\circ} \mathrm{C}$ |
| Binding Buffer | 10 mL | 50 mL | $-20^{\circ} \mathrm{C}$ | $4^{\circ} \mathrm{C}$ |
| 10X Wash Buffer | 22 mL | 110 mL | $-20^{\circ} \mathrm{C}$ | $4^{\circ} \mathrm{C}$ |
| 10X Antibody Binding Buffer | 2.2 mL | 11 mL | $-20^{\circ} \mathrm{C}$ | $4^{\circ} \mathrm{C}$ |
| Developing Solution | 11 mL | 55 mL | $-20^{\circ} \mathrm{C}$ | $4^{\circ} \mathrm{C}$ |
| Stop Solution | 11 mL | 55 mL | $-20^{\circ} \mathrm{C}$ | $4^{\circ} \mathrm{C}$ |
| 96-well assay plate | 1 | 5 | $-20^{\circ} \mathrm{C}$ | $4^{\circ} \mathrm{C}$ |
| Plate sealer | 1 | 5 | $-20^{\circ} \mathrm{C}$ | RT |

## 7. MATERIALS REQUIRED, NOT SUPPLIED

These materials are not included in the kit, but will be required to successfully perform this assay:

- Microplate reader capable of measuring absorbance at OD 450 nm (OD 655 nm can be used as optional reference wavelength)
- MilliQ water or other type of double distilled water $\left(\mathrm{ddH}_{2} \mathrm{O}\right)$
- Pipettes and pipette tips, including multi-channel pipette
- Assorted glassware for the preparation of reagents and buffer solutions
- Tubes for the preparation of reagents and buffer solutions
- Rocking Platform


## For nuclear extract preparation:

- Hypotonic buffer ( 20 mM Hepes pH7.5, $5 \mathrm{mM} \mathrm{NaF}, 10 \mu \mathrm{M} \mathrm{Na} 2 \mathrm{MoO}_{4}$, 0.1 mM EDTA)
- Phosphatase Inhibitors (NaF, $\beta$-glycerophosphatase, PNPP, $\mathrm{NaVO}_{3}$ )
- 10X PBS (0.1 M phosphate buffer pH7.5, 1.5 M NaCl, 27 mM KCl )
- NP-40

Alternatively, you can use our Nuclear Extraction Kit (ab113474) to prepare nuclear extracts.

## GENERAL INFORMATION

## 8. TECHNICAL HINTS

- This kit is sold based on number of tests. A 'test' simply refers to a single assay well. The number of wells that contain sample or control will vary by product. Review the protocol completely to confirm this kit meets your requirements. Please contact our Technical Support staff with any questions.
- Selected components in this kit are supplied in surplus amount to account for additional dilutions, evaporation, or instrumentation settings where higher volumes are required. They should be disposed of in accordance with established safety procedures.
- Avoid foaming or bubbles when mixing or reconstituting components.
- Avoid cross contamination of samples or reagents by changing tips between sample and reagent additions.
- Ensure plates are properly sealed or covered during incubation steps.
- Ensure all reagents and solutions are at the appropriate temperature before starting the assay.
- Make sure all necessary equipment is switched on and set at the appropriate temperature.


## 9. REAGENT PREPARATION

- Briefly centrifuge small vials at low speed prior to opening.

Please see Quick Table for Reagent Preparation at the end of this section for a quick reference.

### 9.1. Dithiothreitol (DTT, $\mathbf{1}$ M):

Ready to use as supplied. Dilute in Lysis Buffer and Binding Buffer as described in section 9.4 and 9.5 respectively. Store at $20^{\circ} \mathrm{C}$.

### 9.2. Protease Inhibitor Cocktail (PIC):

Ready to use as supplied. Dilute in Lysis Buffer as described in section 9.4. Store at $-20^{\circ} \mathrm{C}$.

### 9.3. Herring sperm DNA $(1 \mu \mathrm{~g} / \mu \mathrm{L})$ :

Ready to use as supplied. Dilute in Binding Buffer as described in section 9.5. Store at $-20^{\circ} \mathrm{C}$.

### 9.4. Lysis Buffer:

Prepare Complete Lysis Buffer (CLB) by adding $1 \mu \mathrm{~L}$ of 1 M DTT and $10 \mu \mathrm{~L}$ of Protease Inhibitor Cocktail to 1 mL of Lysis Buffer - see Quick Table for Reagent Preparation to see how much is required depending on number of tests. Use the CLB immediately for cell lysis. The remaining amount should be discarded if not used in the same day.
Store undiluted Lysis Buffer at $4^{\circ} \mathrm{C}$.

### 9.5. Binding Buffer:

Prepare Complete Binding Buffer (CBB) by adding $1 \mu \mathrm{~L}$ of 1 M DTT and $10 \mu \mathrm{~L}$ of $1 \mu \mathrm{~g} / \mu \mathrm{L}$ Herring Sperm DNA to 1 mL of Binding Buffer - see Quick Table for Reagent Preparation to see how much is required depending on number of tests.
Discard remaining CBB if not used in the same day. Store undiluted Binding Buffer at $4^{\circ} \mathrm{C}$.

## ASSAY PREPARATION

### 9.6. Wash Buffer:

Prepare 1X Wash Buffer by making a 1/10 dilution of 10X Wash Buffer in distilled water ( $\mathrm{ddH}_{2} \mathrm{O}$ ) - see Quick Table for Reagent Preparation to see how much is required depending on number of tests. Mix gently to avoid foaming.
1X Wash Buffer can be stored at $4^{\circ} \mathrm{C}$ for one week. NOTE: Tween 20 contained in the 10X Wash Buffer may form clumps. If this happens, homogenize buffer by vortexing for 2 minutes prior to use.

Store undiluted 10 X Wash Buffer at $4^{\circ} \mathrm{C}$.

### 9.7. Antibody Binding Buffer:

Prepare 1X Antibody Binding Buffer (ABB) by making a $1 / 10$ dilution of 10X Antibody Binding Buffer in distilled water $\left(\mathrm{ddH}_{2} \mathrm{O}\right)$ see Quick Table for Reagent Preparation to see how much is required depending on number of tests. Mix gently to avoid foaming.

Discard remaining 1X ABB if not used in the same day. NOTE: BSA contained in the 10X Antibody Binding Buffer may form clumps. If this happens, homogenize the buffer by warming to room temperature and vortexing for 1 minute prior to use.
Store undiluted 10X Antibody Binding Buffer at $4^{\circ} \mathrm{C}$.

### 9.8. GR Antibody:

Dilute supplied GR antibody 1/1000 in 1X ABB - see Quick Table for Reagent Preparation to see how much is required depending on number of tests.

Aliquot and store undiluted GR antibody at $4^{\circ} \mathrm{C}$. Avoid multiple freeze/thaw cycles.

## ASSAY PREPARATION

### 9.9. Anti-rabbit HRP-conjugated Antibody:

Dilute supplied anti-rabbit HRP-conjugated antibody $1 / 1000$ in 1X ABB - see Quick Table for Reagent Preparation to see how much is required depending on number of tests.
Aliquot and store undiluted anti-rabbit HRP-conjugated antibody at $4^{\circ} \mathrm{C}$. Avoid multiple freeze/thaw cycles.

### 9.10. Developing Solution:

Ready to use as supplied. Warm Developing Solution to room temperature 1 hour prior to use - see Quick Table for Reagent Preparation to see how much is required depending on number of tests.

Store unused Developing Solution in the dark at $4^{\circ} \mathrm{C}$. The Developing Solution may develop a yellow hue over time, but this does not affect product performance. A blue color present in the Developing Solution indicates that it has been contaminated and must be discarded.

### 9.11. Stop Solution:

Ready to use as supplied. Store unused Stop Solution at $4^{\circ} \mathrm{C}$.
WARNING: Stop Solution is corrosive. Wear personal protective equipment when handling, i.e. safety glasses, gloves and labcoat.

### 9.12. HeLa nuclear extract ( $2.5 \mu \mathrm{~g} / \mu \mathrm{L}$ ):

Ready to use as supplied. Extract has been optimized to be used at $5 \mu \mathrm{~g} / \mathrm{well}$. There is enough extract to perform 20 reactions per plate. Aliquot extract in $5 \mu \mathrm{~L}$ fractions and store at $-80^{\circ} \mathrm{C}$. Avoid multiple freeze/thaw cycles.

## ASSAY PREPARATION

### 9.13. Control oligonucleotides (Wild-type \& mutated):

Oligonucleotides are provided to monitor the specificity of the assay.

Wild-type oligonucleotide: competes with sample nuclear extracts for Glucocorticoid Receptor consensus binding site.

Mutated oligonucleotide: no effect on ability of sample nuclear extracts to bind to Glucocorticoid Receptor consensus binding site.

Use wild-type and/or mutated oligonucleotide at $40 \mathrm{pmol} / \mathrm{well}$ : dilute $2 \mu \mathrm{~L}$ appropriate oligonucleotide in $31.8 \mu \mathrm{~L}$ of CBB (section 9.5) per well used - see Quick Table for Reagent Preparation to see how much is required depending on number of tests.
Aliquot undiluted oligonucleotides and store at $-20^{\circ} \mathrm{C}$. Avoid multiple freeze/thaw cycles.

### 9.14. 96-well assay plate:

Ready to use as supplied.
Store unused strips in the aluminium pouch at $4^{\circ} \mathrm{C}$.

### 9.15. Plate sealer:

Ready to use as supplied. Store at room temperature.

## ASSAY PREPARATION

Quick Table for Reagent Preparation

| Reagents to prepare | Components | 1 well | 1 strip (8 wells) | 6 strips (48 wells) | 12 strips (92 wells) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Complete Lysis Buffer (CLB) | DTT <br> PIC <br> Lysis Buffer <br> TOTAL <br> REQUIRED | $\begin{gathered} 0.02 \mu \mathrm{~L} \\ 0.23 \mu \mathrm{~L} \\ 22.25 \mu \mathrm{~L} \\ \mathbf{2 2 . 5} \mu \mathrm{~L} \end{gathered}$ | $\begin{gathered} 0.2 \mu \mathrm{~L} \\ 1.8 \mu \mathrm{~L} \\ 178.0 \mu \mathrm{~L} \\ 180.0 \mu \mathrm{~L} \end{gathered}$ | $\begin{gathered} 1.2 \mu \mathrm{~L} \\ 10.8 \mu \mathrm{~L} \\ 1.068 \mathrm{~mL} \\ 1.08 \mathrm{~mL} \end{gathered}$ | $\begin{gathered} 2.4 \mu \mathrm{~L} \\ 21.6 \mu \mathrm{~L} \\ 2.136 \mathrm{~mL} \\ 2.16 \mathrm{~mL} \end{gathered}$ |
| Complete Binding Buffer (CBB) | DTT <br> Herring Sperm DNA Binding Buffer TOTAL REQUIRED | $0.03 \mu \mathrm{~L}$ $0.34 \mu \mathrm{~L}$ <br> $33.4 \mu \mathrm{~L}$ <br> $33.8 \mu \mathrm{~L}$ | $0.27 \mu \mathrm{~L}$ <br> $2.7 \mu \mathrm{~L}$ <br> $267 \mu \mathrm{~L}$ <br> $270 \mu \mathrm{~L}$ | $\begin{gathered} 1.6 \mu \mathrm{~L} \\ 16.2 \mu \mathrm{~L} \\ \\ 1.6 \mathrm{~mL} \\ 1.62 \mathrm{~mL} \end{gathered}$ | $\begin{aligned} & 3.25 \mu \mathrm{~L} \\ & 32.4 \mu \mathrm{~L} \\ & 3.2 \mathrm{~mL} \\ & 3.24 \mathrm{~mL} \end{aligned}$ |
| Oligo <br> (wt or <br> mutated) in CBB | Wt or mutated oligo CBB TOTAL REQUIRED | $\begin{gathered} 2 \mu \mathrm{~L} \\ 31.8 \mu \mathrm{~L} \\ 33.8 \mu \mathrm{~L} \end{gathered}$ | $16 \mu \mathrm{~L}$ <br> $254 \mu \mathrm{~L}$ <br> $270 \mu \mathrm{~L}$ | $\begin{gathered} 96 \mu \mathrm{~L} \\ \\ 1.524 \mathrm{~mL} \\ 1.62 \mathrm{~mL} \end{gathered}$ | N/A <br> N/A <br> N/A |
| 1X Wash Buffer | $\mathrm{ddH}_{2} \mathrm{O}$ <br> 10X Wash <br> Buffer <br> TOTAL REQUIRED | $\begin{gathered} 2.025 \mathrm{~mL} \\ 225 \mu \mathrm{~L} \\ \\ 2.25 \mathrm{~mL} \end{gathered}$ | 16.2 mL 1.8 mL 18 mL | $97.2 \mathrm{~mL}$ <br> 10.8 mL $108 \text { mL }$ | 194.4 mL <br> 21.6 mL <br> 216 mL |


| Reagents to prepare | Components | 1 well | 1 strip (8 wells) | $\begin{aligned} & 6 \text { strips } \\ & (48 \\ & \text { wells) } \end{aligned}$ | 12 strips (92 wells) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1X Ab <br> Buffer* | $\mathrm{ddH}_{2} \mathrm{O}$ $10 x \mathrm{ABB}$ <br> TOTAL REQUIRED | $\begin{aligned} & 202.5 \mu \mathrm{~L} \\ & 22.5 \mu \mathrm{~L} \\ & 225 \mu \mathrm{~L} \end{aligned}$ | 1.62 mL <br> $180 \mu \mathrm{~L}$ <br> 1.8 mL | $\begin{aligned} & 9.72 \mathrm{~mL} \\ & 1.08 \mathrm{~mL} \\ & \mathbf{1 0 . 8} \mathrm{~mL} \end{aligned}$ | $\begin{aligned} & 19.44 \mathrm{~mL} \\ & 2.16 \mathrm{~mL} \\ & \mathbf{2 1 . 6} \mathrm{~mL} \end{aligned}$ |
| $\begin{aligned} & 1^{\circ} \mathrm{Ab} \\ & 1 / 1000 \\ & \text { Dilution } \end{aligned}$ | GR Ab 1X ABB TOTAL REQUIRED | $\begin{aligned} & 0.11 \mu \mathrm{~L} \\ & 110 \mu \mathrm{~L} \\ & 110.11 \mu \mathrm{~L} \end{aligned}$ | $\begin{aligned} & 0.9 \mu \mathrm{~L} \\ & 900 \mu \mathrm{~L} \\ & 900.9 \mu \mathrm{~L} \end{aligned}$ | $5.4 \mu \mathrm{~L}$ <br> 5.4 mL <br> 5.4 mL | $\begin{gathered} 10.8 \mu \mathrm{~L} \\ 10.8 \mathrm{~mL} \\ \mathbf{1 0 . 8} \mathrm{~mL} \end{gathered}$ |
| $\begin{aligned} & 2^{\circ} \mathrm{Ab} \\ & 1 / 1000 \\ & \text { Dilution } \end{aligned}$ | HRP-conj Ab 1X ABB <br> TOTAL REQUIRED | $\begin{aligned} & 0.11 \mu \mathrm{~L} \\ & 110 \mu \mathrm{~L} \\ & 110.11 \mu \mathrm{~L} \end{aligned}$ | $\begin{aligned} & 0.9 \mu \mathrm{~L} \\ & 900 \mu \mathrm{~L} \\ & 900.9 \mu \mathrm{~L} \end{aligned}$ | $5.4 \mu \mathrm{~L}$ <br> 5.4 mL <br> 5.4 mL | $\begin{gathered} 10.8 \mathrm{\mu L} \\ 10.8 \mathrm{~mL} \\ \mathbf{1 0 . 8} \mathrm{~mL} \end{gathered}$ |
| Developing Solution | TOTAL REQUIRED | $112.5 \mu \mathrm{~L}$ | $900 \mu \mathrm{~L}$ | 5.4 mL | 10.8 mL |
| Stop <br> Solution | TOTAL REQUIRED | $112.5 \mu \mathrm{~L}$ | $900 \mu \mathrm{~L}$ | 5.4 mL | 10.8 mL |

*Volumes listed refer to preparation of buffer for diluting both primary and secondary antibodies.

## ASSAY PREPARATION

## 10. SAMPLE PREPARATION

- We recommend using our Nuclear Extraction Kit (ab113474) to prepare nuclear extracts, as it contains all necessary buffers and will help to reduce inconsistencies in the assay that may arise from using homemade or other buffers.
- Alternatively, you can refer to the protocol below.


### 10.1. Prepare reagents needed:

## 10X PBS

0.1 M Phosphate Buffer, pH 7.5
1.5 M NaCl

27 mM KCl

For $\mathbf{2 5 0}$ mL:
$3.55 \mathrm{~g} \mathrm{Na}_{2} \mathrm{HPO}_{4}+$ $0.61 \mathrm{~g} \mathrm{KH}_{2} \mathrm{PO}_{4}$

Adjust to 250 mL with $\mathrm{ddH}_{2} \mathrm{O}$. Prepare a 1X PBS solution dilute 10X PBS solution $1 / 10$ in $\mathrm{ddH}_{2} \mathrm{O}$.

Sterilize 1X PBS pH 7.5 solution by filtering through a $0.2 \mu \mathrm{~m}$ filter. Store filter-sterilized solution at $4^{\circ} \mathrm{C}$.

PIB (Phosphatase Inhibitor Buffer)
125 mM NaF
250 M $\beta$-glycerophosphate
250 mM PNPP
25 mM NaVO 3

For 10 mL :
52 mg
0.55 g
1.15 g

31 mg

Adjust to 10 mL with $\mathrm{ddH}_{2} \mathrm{O}$. Mix the chemical by vortexing. Incubate solution at $50^{\circ} \mathrm{C}$ for 5 minutes. Mix again. Store at $-20^{\circ} \mathrm{C}$.

HB (Hypotonic Buffer)
20 mM Hepes, pH 7.5
5 mM NaF
$10 \mu \mathrm{M} \mathrm{Na}_{2} \mathrm{MoO}_{4}$
0.1 mM EDTA

For 50 mL :
0.24 g

12 mg
$5 \mu \mathrm{~L}$ of 0.1 M solution
$10 \mu \mathrm{~L}$ of 0.5 M solution

Adjust pH to 7.5 with 1 N NaOH . Adjust volume to 50 mL with $\mathrm{ddH}_{2} \mathrm{O}$. Sterilize by filtering through a $0.2 \mu \mathrm{~m}$ filter. Store filtersterilized solution at $4^{\circ} \mathrm{C}$.

## ASSAY PREPARATION

PBS/PIB: prior to use, add 0.5 mL of PIB to 10 mL of 1X PBS.
10.2. Use cells from a confluent $100-\mathrm{mm}$ dish $/ 75 \mathrm{~cm}^{2}$ flask. $1 \times 10^{7}$ cells yield approximately 0.5 mg of nuclear extract.
10.3. Wash cells with 10 mL of ice-cold $\mathrm{PBS} / \mathrm{PIB}$ solution.
10.4. Add 10 mL of ice-cold PBS/PIB and scrape cells off the dish with a cell scraper. Transfer cells to a pre-chilled 15 mL tube and centrifuge at $300 \times g$ for 5 minutes at $4^{\circ} \mathrm{C}$ in a pre-chilled centrifuge. Discard supernatant.
10.5. Resuspend pellet in 1 mL of ice-cold HB buffer by gently pipetting and transfer the cells into a pre-chilled 1.5 mL tube.
10.6. Allow cells to swell on ice for 15 minutes.
10.7. Add $5 \mu \mathrm{~L} 10 \%$ NP-40 ( $0.5 \%$ final) and mix by gently pipetting.
10.8. Centrifuge homogenate for 30 seconds at $4^{\circ} \mathrm{C}$ in a microcentrifuge. Discard supernatant.
10.9. Resuspend nuclear pellet in $50 \mu \mathrm{~L}$ Complete Lysis Buffer (see section 9.4) and rock the tube gently on ice for 30 minutes on a shaking platform.
10.10.Centrifuge for 10 minutes at $14,000 \times g$ at $4^{\circ} \mathrm{C}$ and save supernatant (nuclear extract).
10.11. Determine protein concentration of the extract by using a Bradford-based assay. We recommend BCA Protein Quantification Kit (ab102536).
10.12. Aliquot and store nuclear extracts at $-80^{\circ} \mathrm{C}$. Avoid multiple freeze/thaw cycles.

## ASSAY PROCEDURE

## 11.ASSAY PROCEDURE

- Equilibrate all materials and prepared reagents to correct temperature prior to use.
- We recommend to assay all controls and samples in duplicate.
- Prepare all reagents and samples as directed in the previous sections.
- If less than $\mathbf{8}$ strips are used, cover the unused wells with a portion of the plate sealer while performing the assay. The content of these wells is stable at RT if kept dry and can therefore be used later for a separate assay. Use strip holder for the assay.
- Competitive Binding Control wells are optional.


### 11.1. Glucocorticoid Receptor binding to its consensus sequence

11.1.1. If using Competitive Binding Controls, add $30 \mu \mathrm{~L}$ CBB containing wt or mutated oligo (Step 9.13) to the Competitive Binding Control wells.
11.1.2. Add $30 \mu \mathrm{LBB}$ to each of the other wells.
11.1.3. Prepare sample and control wells:

Competitive Binding control wells (optional) $=20 \mu \mathrm{~L}$ of sample diluted in CLB (use $2-20 \mu \mathrm{~g}$ of nuclear extract/well).
Sample wells $=20 \mu \mathrm{~L}$ of sample diluted in CLB (use $2-20 \mu \mathrm{~g}$ of nuclear extract/well).
Positive control wells $=2 \mu \mathrm{~L}$ of provided HeLa nuclear extract + $18 \mu \mathrm{~L}$ CLB ( $5 \mu \mathrm{~g}$ nuclear extract per well).
Blank wells $=20 \mu \mathrm{~L}$ CLB only.
11.1.4. Use the provided adhesive cover to seal the plate. Incubate for 1 hour at RT with mild agitation ( 100 rpm on a rocking platform).
11.1.5. Wash each well 3 times with $200 \mu \mathrm{~L}$ 1X Wash Buffer. For each wash, flick plate over a sink to empty the wells, then tap the inverted plate 3 times on absorbent paper towels.

## ASSAY PROCEDURE

### 11.2. Primary antibody binding

11.2.1. Add $100 \mu \mathrm{~L}$ diluted antibody (1/1000 dilution in 1 XABB ) to all wells being used.
11.2.2. Cover plate and incubate for 1 hour at RT without agitation.
11.2.3. Wash each well 3 times with $200 \mu \mathrm{~L}$ 1X Wash Buffer. For each wash, flick plate over a sink to empty the wells, then tap the inverted plate 3 times on absorbent paper towels.

### 11.3. Secondary antibody binding

11.3.1. Add $100 \mu \mathrm{~L}$ diluted anti-rabbit HRP-antibody (1/1000 dilution in 1X ABB) to all wells being used.
11.3.2. Cover plate and incubate for 1 hour at RT without agitation.
11.3.3. During this incubation, place Developing Solution at RT.
11.3.4. Wash each well 4 times with $200 \mu \mathrm{~L} 1 \mathrm{X}$ Wash Buffer. For each wash, flick plate over a sink to empty the wells, then tap the inverted plate 3 times on absorbent paper towels.

### 11.4. Measurement

11.4.1. Add $100 \mu \mathrm{~L}$ RT Developing Solution to all wells being used.
11.4.2. Incubate 2 - 10 minutes at RT protected from direct light. Optimal incubation time will vary for each experiment depending on amount of transcription factor present in the sample. Monitor the blue color development in the sample wells until it turns medium to dark blue. Do not overdevelop.

NOTE: Positive control wells may need to overdevelop to allow adequate color development in sample wells.
11.4.3. Add $100 \mu \mathrm{~L}$ Stop Solution to all wells being used. The solution within the wells will change from blue to yellow after adding the Stop Solution (due to presence of acid in Stop Solution).
11.4.4. Read absorbance on a spectrophotometer at OD 450 nm within 5 minutes, with a reference wavelength of OD 665 nm . Blank the plate reader according to the manufacturer's instructions using the blank wells.

## DATA ANALYSIS

## 12. TYPICAL DATA

TYPICAL DATA - Data provided for demonstration purposes only.


Figure 1 Different amounts of nuclear extracts from untreated (grey) and Dexamethasone-treated (black) HeLa cells were tested for GR activity. These results are provided for demonstration purposes only.

## RESOURCES

## 13. QUICK ASSAY PROCEDURE

NOTE: This procedure is provided as a quick reference for experienced users. Follow the detailed procedure when performing the assay for the first time.

## Sample binding to consensus sequence

- Add $30 \mu \mathrm{~L}$ CBB $+\mathrm{wt} /$ mutant oligo to Competitive Binding control wells (competitive binding control wells are optional). Add $30 \mu \mathrm{~L}$ CBB to each of the other wells used.
- Add $20 \mu \mathrm{~L}$ sample, positive control and blank to the relevant wells.
- Incubate 1 hour RT with mild agitation (100 rpm on a rocker).
- Wash each well 3 times with $200 \mu \mathrm{~L}$ 1X Wash Buffer.



## Primary antibody binding

- Add $100 \mu \mathrm{~L}$ diluted primary antibody (1/1000) to each well.
- Incubate 1 hour RT with no agitation.
- Wash each well 3 times with $200 \mu \mathrm{~L}$ 1X Wash Buffer.



## Secondary antibody binding

- Add $100 \mu$ L diluted HRP antibody ( $1 / 1000$ ) to each well.
- Incubate 1 hour RT with no agitation.
- Wash each well 4 times with $200 \mu \mathrm{~L}$ 1X Wash Buffer.



## Measurement

- Add $100 \mu \mathrm{~L}$ RT Development Solution to each well.
- Incubate 2-10 minutes RT protected from light.
- Add $100 \mu \mathrm{~L}$ Stop Solution into each well.
- Measure OD 450 nm (reference wavelength 655 nm ).


## RESOURCES

## 14.TROUBLESHOOTING

| Problem | Cause | Solution |
| :---: | :---: | :---: |
| No signal or weak signal in any well | Omission of key reagent | Check that all reagents have been added in the correct order |
|  | Substrate or conjugate in no longer active | Test conjugate and substrate for activity |
|  | Enzyme inhibitor present | Sodium azide will inhibit peroxidase reaction; do not add to buffers |
|  | Plate reader settings not optimal | Verify the wavelength and filter settings in the plate reader |
|  | Incorrect assay temperature | Bring reagents to room temperature |
| No Signal or weak signal in sample wells | Not enough nuclear extract per well | Increase amount of nuclear extract - do not exceed $50 \mu \mathrm{~g} / \mathrm{well}$ |
|  | GR is poor activated or inactivated | Perform a time course for GR activation in the studied cell line |
|  | Extracts are not from correct species | This product detects bound GR in human, mouse and rat samples |
| High background in all wells | Developing time too long | Stop enzymatic reaction as soon the positive wells turn medium-dark blue |
|  | Concentration of antibodies too high | Increase antibody dilutions |
|  | Inadequate washing | Ensure all wells are filled with Wash Buffer and follow washing recommendations |
| High background in sample wells | Too much nuclear extract per well | Decrease amount of nuclear extract to $1-2 \mu \mathrm{~g} /$ well |
|  | Concentration of antibodies too high | Perform antibody titration to determine optimal concentration. Start with $1 / 2000$ for $1^{\circ} \mathrm{Ab}$ and $1 / 5000$ for $2^{\circ} \mathrm{Ab}$. Assay sensitivity will be decreased |
| Uneven color development | Incomplete washing of wells | Ensure all wells are filled with Wash Buffer and follow washing recommendations |
|  | Well cross-contamination | Follow washing recommendations |

## RESOURCES

## 15. INTERFERENCES

These chemicals or biological materials will cause interference in this assay causing compromised results or complete failure:

- Sodium azide - it will inhibit the peroxidase reaction. Do not add to any buffer to be used in this assay.


## RESOURCES

## 16. NOTE

## RESOURCES

 discover more
## Technical Support

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